



**NOSTOS** is an educational and cultural immersion program in Greece specially designed for junior and senior high school students of the Greek diaspora to discover the homeland of their ancestors, and experience the land of myth, history and natural beauty.

This month-long program is based on an innovative model of multi-dimensional pedagogy that integrates hands-on learning, interdisciplinary research, interactive practical training, experiential activities, cultural enrichment, and travel.

The program fosters interdisciplinary learning and cultural appreciation. Participants will receive a certificate of completion from the Mycenaean Foundation and the Hellenic American Academy.

### JULY 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**ATHENS TOUR** 



**MAINLAND TOUR** 



**ISLAND TOUR** 



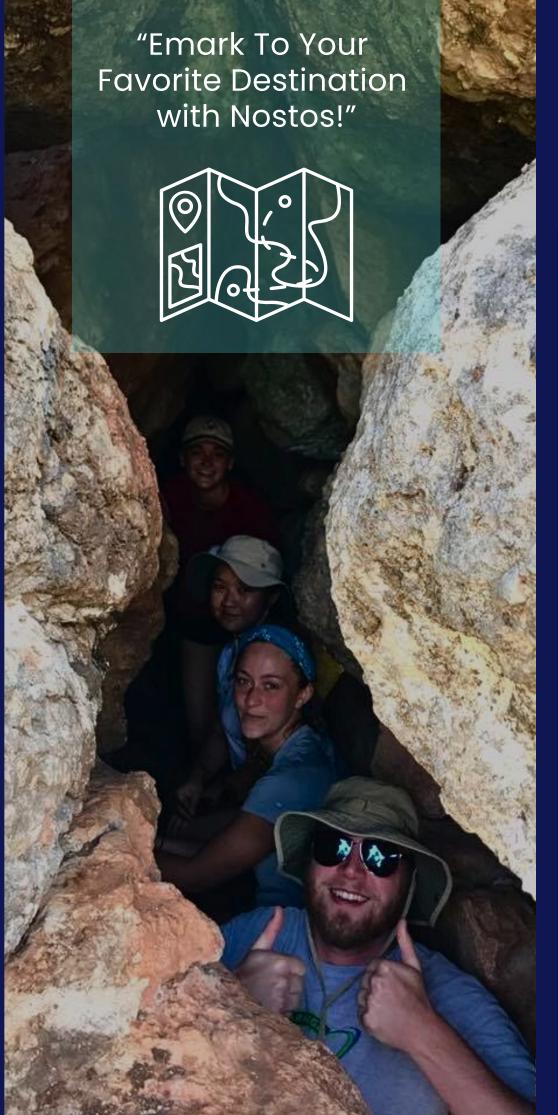
## NOSTOS PROGRAM

#### Courses & Lectures

- Modern Greek Language
- History, Art and Archaeology of Greece
  - Aegean civilizations (Cycladic, Minoan, Mycenaean)
  - Archaic & Classical Greece
  - Alexander the Great and the Hellenistic Age
  - Roman period and Byzantine Empire
  - Medieval Greece and Greek
     Revolution of 1821
  - Greece in War (1912-1945)

#### Workshops

- Field Archaeology
- Archaeoastronomy
- Geology and Volcanolgy
- Art History & Damp; Studio Art
- Ancient and Modern Warfare
- Ancient Greek Theater
- Ancient Greek Religion and Sanctuaries
- Ancient Greek Athletics







### **OUR FACILITIES**

- 3 Seminar Rooms technologically equipped
- Library and Ceremonial Hall
- Indoor and outdoor sitting areas for learning, lounging, and exploring
- Landscaped campus

# NOSTOS ACTIVITES

**Cultural Immersion** 

**Culinary Experiences** 

**Natural Adventures** 





Students engage in faculty-led trips to archaeological sites, museums, and natural landmarks, complemented by guest lectures, workshops in art and archaeology, field archaeology in a unique dig simulator, volcanology, and astronomy. Outdoor activities such as hiking, rafting, diving, swimming, and volunteerism add to the experience, embracing Greece's natural beauty.





2 The Acropolis Museum

3 Lykavittos night view of Athens







National Arch. Museum & Goulandris Museum of Cycladic Art

5 Olympian Temple of Zeus & Hadrian's Arch

Monument to the Unknown Soldier at Syntagma









Panathenaic Stadium: Home of the Olypmic Games

9 Eugenides Foundation: Digital Planetarium







Ancient Greek
Technology Museum &
War Museum

11 National Gallery of Art



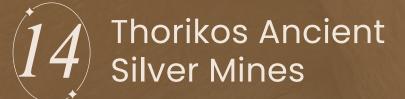
Niarchos Foundation Cultural Center



















16

Swimming Skinias Bay

17

Trireme "Olympias" Rowing / Sailing









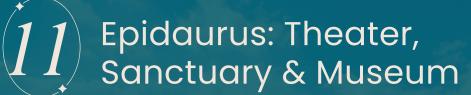






























Vouraikos Gorge



Methoni



















Thermopylae













# MYCENAEAN FOUNDATION INC (est. 1967)

http://mycenaeanfoundation.com

Melathron, Mykines, P.O. Box 122, Argolida 21200 (tel.) +30 27510-76704

Contact us at info@mycenaeanfoundation.com



# HELLENIC AMERICAN ACADEMY (est. 1908)

https://hellenicamericanacademy.org/

Hellenic American Academy, **445 Pine**Street Deerfield, Illinois, 60015

#### Contact:

Effie Gountanis effie.gountanis@haamail.net (tel.) +1 847 254 4602